

Nebraska Food Distribution Processed Commodity Fact Sheet

Name: *Chicken, Popcorn

Product Code: 110415

Processor: Pilgrim's Pride

Category: Meat and Meat Alternate

Date: 5/11/2005

Description: Breaded popcorn shaped chicken breast with rib meat. It is fully cooked and quick frozen.

Pack Size: 104 servings

Storage: Store at 0 degree's F or below

Preparation: Keep Frozen until ready to use

Cooking: Heat in conventional oven at 425 degrees for 10-12 minutes

Serving Size: Ten 0.46 oz pieces

Meal Contribution: 2 meat/meat alternate

Nutrition Facts			
Calories:	220.00	Protein:	21.00 grams
Total Fat:	6.00 grams	Carbohydrate:	20.00 grams
Saturated Fat:	1.00 grams	Cholesterol:	45.00 mg
Trans Fat:	grams	Calcium:	0.00 mg
Iron:	0.80 mg	Dietary Fiber:	0.00 mg
Sodium:	1,070.00 mg	Vitamin C:	0.00 mg
Vitamin A:	0.00 IU		